# Female Athlete's Kick Off

## Who:

All girls 6-8th grade interested in playing sports this school year (Cheerleading, Volleyball, Basketball, Soccer, Track)

## When:

Wednesday August 21, 2019 2-3:30pm

#### Where:

Girl's Locker Room

# Agenda:

Meet the Coaches
Watched required safety videos (Concussion protocols, Heat Injuries/
Sudden Cardiac Arrest)
Get Sports Schedules and Participation/Physicals Forms
Answer questions
Make new friends

# Bring:

A positive attitude!

## Parent Information:

Please have transportation ready for your student athlete no later than 3:30pm.

Feel free to stop in the gym before or after the kick off to talk to the coaches.